

Alderbrook School

Blossomfield Road
Solihull
West Midlands
B91 1SN

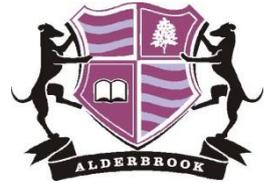
TEL: 0121 704 2146

FAX: 0121 711 4123

EMAIL: office@alderbrook.solihull.sch.uk

WEB: www.alderbrook.solihull.sch.uk

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RES/ZCUJ

20 March 2019

Dear Parent/Carer

Year 7, 8 & 9 Examinations

With regard to the examinations that are taking place in the halls between Monday 1 April and Friday 12 April for years 7, 8 and 9. This is to enable them to experience the environment and atmosphere of an exam hall so that they are used to the processes of finding their seat etc., but also to alleviate any worries before GCSEs.

Also to better prepare the students, we are currently running a revision programme during form time. We hope that this will help them to become accustomed to planning their personal time to incorporate revision and to give them time to experiment with revision techniques so they are more equipped when it comes to taking their GCSEs.

We attach the revision guide booklet that the students are working through with helpful hints and tips. In addition there is a very helpful source of advice as follows from the Telegraph:

(<https://www.telegraph.co.uk/education/educationadvice/11499039/Head-teachers-give-their-top-tips-for-revision-season.html>):

- **Plan revision in advance**
- **Do not work too much**
- **Remember to take breaks**
- **Eat, sleep and drink well**
- **Manage stress**
- **Find a comfortable and quiet place to work**
- **Be aware that there are different ways of revising**
- **Use the resources available**
- **Encourage your child to be active in their revision**
- **Provide a strong support network**

We hope your child can make the most of the opportunities made available to them in order to best prepare them for the upcoming exams but also to start developing their skills to be better prepared for their GCSEs.

Please do not hesitate to contact me should you have any further questions.

Yours faithfully

A handwritten signature in black ink that reads "S. Reeve". The signature is written in a cursive style with a large, sweeping 'R'.

Mrs S Reeve

Teaching and Learning Co-ordinator/Maths Teacher