

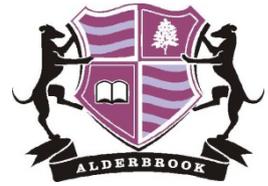
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USL/fed

7th March 2016

Dear Parents/Carers,

HEALTH RELATED BEHAVIOUR SURVEY 2016

Our school, along with many others across the Authority, has agreed to participate in a very important Health Behaviour Survey amongst children and young people. We have been asked to take part in order to support the work of the Local Authority and Public Health and we also stand to benefit through our participation in the survey by obtaining opinions from our students so we can improve our provision for them.

Previously, the survey data in schools has also been used in a variety of ways including:

1. A starting point for discussion in classroom activities or lessons.
2. To improve work on the health and well-being of pupils.
3. To support the development of professionals and schools.
4. Further enquiry to strengthen existing programmes or curriculum, e.g. PE, Healthy Eating, etc.
5. To help schools track their progress

The survey method that we are using has been developed by the Schools Health Education Unit, Exeter and has been in use now for over 30 years. Over 3000 schools across the country have taken part, many of them regularly repeating the survey.

The age appropriate questions concern a wide range of health behaviours, for example:

Home and family
Tobacco, Alcohol,
Healthy Eating
Drugs

Relationships, emotional health and well-being,
Leisure and money
Exercise

The Local Authority and Public Health will also have a reliable database upon which it can objectively plan provision for children and young people.

Both the Local Authority and the school find the content of the questionnaire acceptable; it has been customised to suit our local setting in Solihull for Secondary Schools.

Each questionnaire is anonymous and confidential, and no pupil will be identified when the data is returned to our school. The Local Authority will not use data to identify individual pupils or individual schools in its wider reporting.

I hope you will agree with us that this is an exercise in which we wish to co-operate fully and will be of real benefit in helping to shape provision for our pupils.

If you have any queries regarding the survey then please contact the school office. As part of the survey, it will be helpful if your child brings the following information: - **their postcode** (this will be used only for drawing maps of results in the area; your house will not be identified in any way)

The survey will be carried out over the next fortnight. Thank you for your support.

Yours faithfully,

A handwritten signature in black ink, appearing to read 'L. Usefnia', written in a cursive style.

Miss L. Usefnia
National Healthy Schools Co-ordinator