

**Do you lack confidence as a parent?**

**Would you like better relationships in your family?**

**Feel like you've tried everything to make things better?**

**YOU  
ARE  
NOT  
ALONE**



**Not being able to connect with your young person can result in many things. Including; relationship breakdown, arguments and difficult behaviour.**

**The PYP programme will help you consider positive approaches to parenting a young person of today.**

**GET INVOLVED IN OUR FREE PROGRAMME:**

- Share ideas and help co-design the programme
- Learn to use Psychological tools
- Connect more effectively with young people
- Understand adolescent behaviour
- Be part of a parenting community

**IDEAL FOR PARENTS OF YOUNG PEOPLE AGED 11-19**

**Parenting  
Young  
People**

**St Basils**  
Works with young people  
**PiE**  
St Basils  
Psychologically  
Informed  
Environments

**St  
Basils**  
Works with young people