

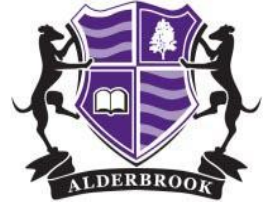
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Dear Parents and Carers

10 September 2020

Advice to All Parents - Single case

We have been advised by Public Health England that there has been a confirmed case of COVID-19 within the school.

We are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The school remains open and providing your child remains well they can continue to attend school as normal unless we have contacted you separately this evening via email and text. We will keep this under review.

Please be advised that face coverings will now be mandatory for all students and staff in all communal areas except for classrooms. We appreciate this is very short notice so although we are asking all students and staff to do this from tomorrow this will not be mandatory until Monday 14 September. If your child is unable to wear a face covering due to medical reasons please contact your child's Pastoral Manager via 201office@alderbrook.solihull.sch.uk who will be happy to discuss this with you.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 14 days.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able and can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child or anyone in the household does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Myself and colleagues have been very impressed with students' conduct since their return to school after the summer break and their maturity in adhering to the new procedures and routines we have been asking them to follow.

Thank you as parents and carers for your continued support and please be assured that keeping your child and our families and local community safe is of paramount importance to us. We will continue to follow government guidance and that of Public Health England and ensure that you are informed at each step of the way.

We realise that you may have questions about this situation and would ask you in the first instance, to direct these to 201office@alderbrook.solihull.sch.uk. Whilst we are unable to discuss any specific details with you we will of course try and respond to any general questions you may have promptly.

With best wishes



Tom Beveridge
Headteacher