

# **Certificate of Personal Effectiveness**

(CoPE)

Examination Board: ASDAN

# Assessment:



This course is 100% coursework. Students complete 6 Skills Units and create a portfolio of skills-based work. To complete a module, a student must do a minimum of 10 hours' work. There are two levels of pass and to achieve Level 2 requires more detailed work and a greater level of independence.

# What Will You Learn?

The course focuses on the following key skills:

- Working with Others and improving own learning and performance
- Problem-Solving
- Planning and Carrying Out a Piece of Research
- Communicating Through Discussion
- Planning and Giving an Oral Presentation

Tasks undertaken relate to a range of topic areas, which are:

- Module 1 Communication
- Module 2 Citizenship and Community
- Module 3 Sport and Leisure
- Module 4 Independent Living
- Module 5 The Environment
- Module 6 Vocational Preparation
- Module 7 Health and Fitness
- Module 7 Work-Related Learning and Enterprise
- Module 10 International Links
- Module 11 Expressive Arts
- Module 12 Beliefs and Values

# Who Is This Course For?

This course is usually by invitation only and is for students who wish to increase their knowledge on a range of topics, to broaden their horizons and to develop a range of skills which will be of great benefit to them in college, in the workplace and in adult life in general.

# What Happens When You Finish? (Career Pathway)

The learning skills which are developed through the CoPE award prepare students for further learning in a variety of subject areas. Students who have completed this qualification often go to college to study a course inspired by something they have learned about on the CoPE course.