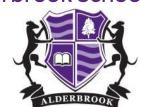
# Alderbrook School

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Dear Parents and Carers,

I regret to inform you that there has been a further confirmed case of COVID-19 within the school. We have been liaising with Public Health England and the local Public Health team. This letter is to inform you of the current situation.

#### **Further details**

A Year 7 student today received a positive test result via a PCR test. The student became symptomatic on Wednesday 23 June. The student was last in school on Monday 21 June and we have been advised to ask anyone who was a close contact on that day to isolate. This case appears to be unrelated to yesterday's case in Year 7 and is due to family transmission. We are contacting separately anyone we know who was a close contact with the Year 7 student. If you are not contacted today, then your child can come into school tomorrow morning and will have lessons as normal.

We fully understand that having to isolate will be of great concern to students and parents, and we will work with these students to support them.

## What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <a href="https://www.nhs.uk/ask-for-a-coronavirus-test">https://www.nhs.uk/ask-for-a-coronavirus-test</a> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 10 days.

The 10-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community. If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

### **Symptoms**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

new continuous cough and/or



- high temperature
- a loss of, or change in, normal sense of taste or smell (anosmia)

Whilst Solihull and National advice remains clear that these symptoms are the ones that would trigger isolation and booking a PCR test, you may also want to be mindful that headaches, runny noses and sore throats may also be symptoms of concern.

## For most people, coronavirus (COVID-19) will be a mild illness.

If your child or anyone in the household does develop symptoms, you can seek advice from NHS 111 at <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/">https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/</a> or by phoning 111.

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

- wash your hands with soap and water often do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

In a letter on 20 June, we recommended that we return to wearing face coverings in indoor areas whilst transmission rates in the local community remain high. There has been a positive response to this request and we would be grateful if you could reiterate this recommendation with your child / children.

## **Further Information**

Further information is available at <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/">https://www.nhs.uk/conditions/coronavirus-covid-19/</a>

Keeping our children and families, staff and local community safe is our priority. We will continue to follow government guidance and that of Public Health England and ensure that you are informed at each step of the way.

We realise that you may have questions about this situation and would ask you in the first instance, to direct these to office@alderbrook.solihull.sch.uk. Whilst we are unable to discuss any specific details with you, we will of course try and respond to any general questions you may have promptly.

Best wishes



Tom Beveridge Headteacher

