



## Summer Term 2021

Dear Parent/Guardian,

I would like to take this opportunity to introduce Solihull Catering Services, your Food Service provider to Alderbrook School. At Solihull Catering Services we are extremely passionate about the food and service that we provide to our customers with our menus being well balanced, exciting, focus on value and health while ensuring that we offer food that reflects current trends on the High street.

We use only high quality fresh ingredients, all of our meats are Red Tractor Farm assured accredited, our fish is from sustainable sources, where possible produce is locally sourced and reflects seasonal availability. We take time to create menu's that appeal to our customer needs, provide the opportunity to try new dishes, experience cultural diversity along with the ability to increase individual knowledge and awareness of different foods. In addition we regularly run promotional days in conjunction with both curriculum and national events such as Black History Week, Comic Relief. These are particularly well received by our customers.

We offer meal deals with a variety of hot food items that represent excellent value for money as well as our Mix and Match items. We aim to ensure there is always real value for money - Promotions, Meal Deals and much, much more... ..

The benefits of regularly having a school lunch:

**Healthy** – According to a study published online by the British Medical Journal, the health of children who eat school lunch maybe better than pupils who bring in a packed lunch. The researchers found that compared with pupils eating meals from home, children who ate school lunches had lower cholesterol levels, blood sugar and insulin.

**Fresh** – School meals are prepared on site and offer a choice of freshly prepared and cooked main meal options and desert. We also cater for dietary needs where possible such as gluten free, dairy free, nut free.

**Choice** – We offer a great range of delicious meals, using local sourced produce and good quality ingredients. We do not serve fizzy drinks or chocolate bars or fried foods more than twice a week. All of our Menu's support the school food standards issued by Government.

**Socially** – Children can sit and enjoy their meal with friends in a dedicated dining room setting whilst developing their social skills which is an essential element of their education.

**Price** – Inflation is a daily occurrence in today's unsteady economic climate; however we work hard to retain the lowest possible prices for a school meal.

If you have any questions regarding school meals please do not hesitate to contact our local office.

Catering admin team – Tel 0121 704 6601

- Web: <http://www.solihull.gov.uk/schoolmeals>