

**Pearson Edexcel:**  
**BTEC National Extended Certificate in Sport**  
**Equivalent to 1 A-Level**

**Entry requirements:**

Grade 5 at GCSE or Merit on Level 2 qualifications (Cambridge National or Btec)

Regular participation in sport to build up experience and knowledge in sport.

**Mandatory Units:**

**Unit 1: Anatomy and Physiology:**

1 hour 30 Minute exam (Externally assessed)

**Unit 2: Fitness Training and Programming for Health, Sport and Well-being:**

Part A - Scenario released 2 weeks prior to exam providing time to research key topics.

Part B - Set task based on scenario – 2 hours (Externally assessed)

**Unit 3: Professional Development in the Sports Industry:**

1 assignment and 1 interview (Internally assessed)

**Optional Units:**

**Sports Leadership:**

1 written assignment

Video evidence of leadership with supporting documents

**Application of Fitness Testing:**

2 written assignments

**Sports Psychology:**

2 Assignments

Psychological skills training programme

**Practical Sports Performance:**

2 Assignments

Video evidence of practical performance