

## **Alderbrook School Physical Education Department Information**

PE at Alderbrook is a central aspect of school life. The successful candidate will join a vibrant, dynamic and high performing team, comprising seven full and part time specialist PE teachers.

The department aims to deliver outstanding lessons that enable all pupils to enjoy progressing in a wide variety of activities. Pupils are extended to acquire new skills and techniques in a variety of different roles, as well as developing their knowledge of health and fitness. Competition is embraced, and all students will be exposed to discovering and progressing their personal capacity in both individual and team sports.

Our well-resourced department includes a sports hall, gymnasium, dance studio, fitness suite, outdoor courts (tennis/ netball), as well as extensive field space. The school is also within easy access of many other local sports facilities and as a result enjoys excellent links with a number of sports clubs.

PE is a very popular and successful option choice for pupils at KS4 and 5. Currently, the department offers GCSE Physical Education, OCR Cambridge National Sports Studies and A Level Physical Education.

The extra-curricular programme forms a vital part of the department. Currently, girls teams compete successfully in a range of sports that include netball, football, rounders, athletics, tennis, trampolining and swimming amongst others. Alongside these teams, run a collection of recreational clubs which are accessed by a large of body of pupils before, during and after school.