

Programme Note

Chosen question: Fractal – spiral- never ending until it finally does! Structure -AB

Spir-alt!

Music: Electro Pose Sunset Lover

I selected to use circular pathways in the space including air pathways seen through the rolling of the arms. The circular motion also happens within the body –through the rippling. Moments of unravelling as if to unravel from being in a spiral reverse back again. The colour of the spiral fractal was bright and I wanted to keep the dance 'light' to reflect the bright colours hence the uplifting accompaniment. The dynamics are freeflowing to emphasise the idea of a spiral never ending. The climactic moment happens at the end of the dance, as the dancer has spiralled to the end and the dynamics become boundflow and the movement finally becomes restricted.

