



Family Activities

to help children and young people with SEND and their families develop the confidence to access universal services.

When?

Activities take place during school holidays and outside of term-time.

Where?

To fun attractions all over Staffordshire – where possible we try to run opportunities in **North South East** and West Staffordshire locations.



How can I find out more?

☎ 0345 300 1348

✉ shortbreaks@caudwellchildren.com

💻 www.caudwellchildren.com/services/short-breaks

How can I book a place?

Contact Staffordshire Connects

Tel: 0300 111 8007 (option 5)

Our Partners

Short Breaks activity clubs are provided to Staffordshire families through the support of:



 caudwell **children**



SHORT BREAKS

STAFFORDSHIRE

For young people
aged 8-18 years
with SEND



Short Breaks has helped Dylan over the past year as he has been shielding. He has health problems including a hole in his heart and lung issues. The Short Breaks activities have helped him with his development and interaction with others.



Age
8-18

Morning
and
afternoon
sessions

Free

Are Caudwell Children's Short Breaks for you?

Caudwell Children's Short Breaks are available for Staffordshire based young people aged 8-18 years who have a special educational need or disability

Types of Short Breaks available:

Weekend Activity Clubs

Regular activity clubs give disabled children and young people an opportunity to have fun, make friends, build confidence and develop vital life skills.

Family Activities

Supported fun for all the family to encourage families to access mainstream attractions and activities.

Benefits

- Have fun!
- Improve confidence and self-esteem
- Improve social skills
- Make new friends
- Try new activities
- Gain a recognised certificate of achievement

Just as importantly, our Short Breaks activities also provide parents and carers with regular respite periods.

What activities are included?

We offer a wide variety of free activities that are tailored to your child's individual needs.

Who delivers the clubs?

Our trained team of Caudwell Children staff and volunteers host activity clubs across Staffordshire.

How long do the activities last?

The length of activities varies, but usually they will last for 3 hours.

When do activities run?

Activity Clubs usually run on Saturday and Sunday mornings and afternoons

Where are the activity clubs held?

Sessions take place in 8 different places across Staffordshire, so you should be able to find a club near you:

