



Emotion Dysregulation in Autism



FOUNDED BY ZAYNAB SOHAWON (ZEZE)

**The mental health charity for autistic young people  
Empowering Youth by Being Caringly Curious**

REGISTERED CIO UNDER CHARITY COMMISSION FOR ENGLAND AND WALES NO. 1201408

**#EDA-RISE Social Action Charity Event**

3rd April 9:15-2:30pm

3 Centenary Sq, Birmingham B1 2DR

Young People to Join

<https://www.eventbrite.co.uk/e/469630646907>

**#EDA-RISE Charity Launch Event**

3rd April 3-5pm

3 Centenary Sq, Birmingham B1 2DR

Anyone to Join

<https://www.eventbrite.co.uk/e/559101637047>



**FB**

@EDysregAutism



**TWITTER**

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Young Lived Experience Speakers talking about Emotion Dysregulation in Autism to Policy Makers.

Talks on Systemic Trauma, Early Identification of Autism, Early Prevention of Mental Illness, Intersectionality in black/asian communities, Alexythymia...ALL BY YOUNG PEOPLE!

Funded by the Commonwealth Games 2022



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**Delivering Psychologically informed peer support**



**Delivering lived experience-led social action**

**Aiding autistic young people aged 12-25**

**Based in Birmingham**



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