Alderbrook School

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Dear Parents/Carers

I am writing to you today with some important information about safety, particularly for those students who ride bikes to school. In the early part of this week a neighbouring school reported that there was an intruder on the outskirts of their site looking at the bikes in their bike store. This has been reported to the police and no students were at risk. The police have confirmed that robberies in our local area are focused on theft of bikes and mobile phones. Persons are being threatened by a larger group targeting a single person but no weapons have been used. **There are no reports of this happening on school sites.**

Police have increased patrols from this week and will continue their school patrols at the start and end of the school day using plain clothes and uniformed officers. We are in regular communication with the police and other local schools to share information and I will update you with any key messages if appropriate. Please find attached a letter here, outlining more specific information for those students travelling to and from school by bike, together with some general safety messages. We will share this information with our students through assemblies and Form Time, but of course, if you have any further questions please get in touch through our office email address, indicated at the top of this letter.

Information from our PE department

- All after school PE extra-curricular clubs with run for 3.00-4.15pm,
- Sports fixtures parents will receive an email confirming dates, times and location
- Year 7 Football trials (boys and girls welcome) will be on Tuesday 26th and Thursday 28th September (3.00-4.15pm)

PE Kit 2023:

We have reduced the amount of kit that is compulsory to try and help with the financial struggles many of our families are facing. Staff will not issue consequences to students for not having rugby shirts, hoodies, ¾ zip tops or the rugby shorts; these are optional items. However, we would strongly encourage parents/carers to buy some of the optional items as the winter months set in and weather becomes colder, as only items on the website are permitted to be worn during PE lessons.

The rotations for PE are now available on the school website for the whole year based on your child's ability set. Year 7 for the first half term will be doing a variety of activities as a baseline for PE staff to assess their practical ability and put them into ability groups for after October half term. The Year 7 plan for the first half term is:



| WEEK | BOYS LESSON 1 | BOYS LESSON 2 | GIRLS LESSON 1 | GIRLS LESSON 2 |
|------|---------------|------------------|------------------|----------------|
| 1 | | | | |
| 2 | INTRODUCTION | CROSS COUNTRY | INTRODUCTION | CROSS COUNTRY |
| | TALK | | TALK | |
| 3 | RUGBY | RUGBY | GYMNASTICS | GYMNASTICS |
| 4 | FOOTBALL | FOOTBALL | NETBALL | NETBALL |
| 5 | GYMNASTICS | GYMNASTICS | BASKETBALL | BASKETBALL |
| 6 | BASKETBALL | BASKETBALL | FOOTBALL | FOOTBALL |
| 7 | ATHLETICS | CAPTURE THE FLAG | CAPTURE THE FLAG | ATHLETICS |
| 8 | PUT INTO SETS | PUT INTO SETS | PUT INTO SETS | PUT INTO SETS |

PE kit for Indoor lessons:

Polo shirt Black ABK shorts/skort/leggings/tracksuit bottoms White socks Trainers

PE kit for Outdoor lessons:

Polo shirt
Black ABK shorts/skort/leggings/tracksuit bottoms
White socks
Trainers/ studded boots
Shin pads (football and hockey)
Gum Shield (rugby) - Not compulsory but recommended.

Enrichment at Alderbrook

Now that the pupils have settled back into the new term and the routines of school, we have started our enrichment programme. There are a wide range of clubs and activities available for students so I really do encourage all students to make the most of what is on offer. You can find a copy of our enrichment timetable on the school website and Mr McLoughlin will be writing to all parents detailing the clubs and activities that are available for each year group. If you haven't done so already, please follow abkclubs on X (formerly Twitter) as that will be the platform used for all notices and information about enrichment.

Year 7 Parent Coffee Morning, Monday 25th September

We look forward to meeting Year 7 parents at our coffee morning on Monday, which will start at 9am in Cartwright Hall. Just a reminder that we are unable to offer on-site parking for this event, so please arrive via the pedestrian gate on Blossomfield Road.



Free hot lunch for Year 7 on Thursday 28th September

Our Catering company, Innovate, are delighted to offer all Year 7 pupils the opportunity to have a hot school lunch for free on Thursday 28th September. Please be aware that this offer only applies to the meal of the day; any other items on sale (e.g. sandwiches, drinks) will be chargeable.

Open Evening

I was extremely proud of our whole school community on Wednesday night as we welcomed prospective students and their parents at our annual open evening. The students supported staff in a whole host of ways, from guiding families around the site, to carrying out demonstrations and performances in subject areas. Thank you for your support in getting students into school and home again, it was a wonderful evening.

Best wishes

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Tom Beveridge Headteacher

