

# **Certificate of Personal Effectiveness**

(PSE - Personal & Social Effectiveness – was CoPE)

**Examination Board:** 

ASDAN

#### Assessment:

This course is 100% coursework. Students create a portfolio of skills-based work to demonstrate their achievements. To complete a module, a student must do a minimum of 10 hours' work. There are two levels of pass and to achieve level 2 requires more detailed work and a greater level of independence.

## What Will You Learn?

The course focuses on the following key skills:

- Developing myself and my performance
- Working with others
- Problem solving
- Delivering a Project

Tasks undertaken relate to a range of topic areas, which are:

- Digital communications
- Citizenship and Community
- Sport and Leisure
- Independent Living
- The Environment
- Vocational Preparation
- Health and Wellbeing
- Enterprise
- International Links
- Beliefs and Values
- Science and Technology
- Expressive arts

### Who Is This Course For?

This course is usually by invitation only and is for students who wish to increase their knowledge on a range of topics, to broaden their horizons and to develop a range of skills which will be of great benefit to them in college, in the workplace and in adult life in general.

## What Happens When You Finish? (Career Pathway)

The learning skills which are developed through the PSE award prepare students for further learning in a variety of subject areas. Students who have completed this qualification often go to college to study a course inspired by something they have learned about on the PSE course.





