



PSHE

Personal Social, Health and Economic Education



“Today’s children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way.” Damian Hinds

Whilst we believe that aspects of PSHE are an integral part of school life, the explicit teaching of this curriculum aims to provide students with the information and understanding they need to be prepared for their teenage years and for their lives beyond school. At the heart of this curriculum are the school values: Ambition, Bravery and Kindness – which have been selected to provide the core principle and foundation for each area of PSHE:

Living in the Wider World – Ambition

Health and Well-Being – Bravery

Relationships - Kindness



These values and PSHE curriculum aim to support students to develop the knowledge and awareness to be safe, happy and engaged within society. Integral to this is a developing understanding of positive relationships and the celebration of differences both in school and the wider world. Students will understand where to go for support on key issues to keep themselves safe and well.

PSHE will be delivered to all students via fortnightly lessons and three Life Ready Days. These sessions will complement the assembly and tutor-time programme.

*Stay Safe
and
Healthy*

Overview of Personal, Social, Health and Economic Education

	10	11
<u>Autumn Term 1</u>	ABK Learner Anxiety & sleep Personal hygiene Positive relationships	ABK Learner Mental health conditions Coping strategies Healthy relationships
<u>Autumn Term 2</u>	Change & delay Teenage pregnancy Forced marriage	Consent Contraception Victim blaming
<u>Spring Term 1</u>	Targets & goals Scams	Personal branding Post 18 Job opportunities Self-examination
<u>Spring Term 2</u>	NHS Decision making Body image	Fertility Pregnancy & miscarriage
<u>Summer Term 1</u>	Toxic relationships Domestic abuse Parenting skills	County Lines Resilience Revision Wellbeing at exam time
<u>Summer Term 2</u>	Budgeting Gambling Post 16 Post 18	

